

This guide is intended to provide event administrators with suggested considerations in organizing and conducting sanctioned local events, for which USA Wrestling has issued a sanction.

THIS IS YOUR EVENT-IT IS NOT ORGANIZED, CONTROLLED OR CONDUCTED BY USA WRESTLING. THE ISSUANCE OF A SANCTION BY USA WRESTLING SERVES THE PRINCIPLE PURPOSE OF AFFORDING THE INSURANCE COVERAGE REFERRED TO IN THIS SANCTION APPLICATION FORM. By issuing an event sanction, USA Wrestling neither accepts any responsibility, nor undertakes any obligation or liabilities, for the organization, conduct, promotion, solicitation or registration of participants, the condition or adequacy of the event facility, or any other arrangements for the subject event or any related practices or activities, including the conduct of event organizers, volunteers, coaches or officials, for all of which the Event Organizer and/or Club (i) will have sole responsibility and (ii) shall indemnify and hold harmless USA Wrestling and its members, directors, officers, employees, agents and affiliates against any and all liabilities, claims, demands and losses (including reasonable attorney's fees and costs).

These guidelines and considerations are recommendations only, and USA Wrestling is not responsible for the conduct of the event or failure to follow the recommendations.

These considerations and safety suggestions should also assist event administrators in providing for a safe and enjoyable event.

If after reading through this guide you have any additional questions please feel free to contact USA Wrestling's Office of State Services, 1-719-598-8181.

I. Event Facility (Outside)

- A. Special parking should be provided for emergency medical staff and vehicles.
- B. It is encouraged that signage be affixed to properly give directions.
- C. Walkways should be clear of obstructions or clearly marked.
- D. Proper lighting should be in place to provide lighting during evening hours.

II. Event Facility (Inside)

- A. Proper lighting should be in place to mark the way in and out of the event site.
- B. The event facility should be of adequate size.

- C. It is strongly encouraged that proper ventilation be installed and utilized.
- D. Proper climate control systems should be functional and used.
- E. It is encouraged that signage be affixed to properly give directions to exits, rest rooms, water fountains, locker rooms, etc.
- F. Coordinate your facility in accordance with Insurance and Local Fire Code requirements.
- G. An individual with at least first aid and/or athletic training experience should be at each event.
- H. A fully equipped first aid kit should be available.
- I. All unused and unnecessary equipment should be safely stored away.
- J. Tables and chairs should be positioned in such a way as to not interfere with the actual wrestling competition or endanger the participants.
- K. Spectator seating and coach's areas should be clearly marked and free of equipment or obstructions.

III. Wrestling Mats

- A. It is strongly encouraged that approved wrestling mats, such as those sold in the United States be used.
- B. Mats should be of the condition that they do not propose danger to the participating athletes.
- C. Mats should be properly taped and positioned so as not to endanger the participating athletes.
- D. It is strongly encouraged that mats be disinfected one-half hour prior to the event beginning.
- E. Wall mats should be affixed to the event facility walls if the walls pose any danger to the participating athletes.

IV. Locker Rooms

- A. It is strongly encouraged that shower facilities be maintained and cleaned.
- B. It is encouraged that rest room equipment and facilities be properly maintained and stocked.
- C. Proper supervision and/or periodic inspections should be conducted in locker rooms during the event.

IV. Weigh-In Area

- A. The weigh-in room should be of adequate size.
- B. Proper lighting should be in place to mark the way in and out of the weigh-in area.
- C. It is strongly encouraged that proper ventilation be installed and utilized.
- D. Proper climate control systems should be functional and used.
- E. It is encouraged that signage be affixed to properly give directions to exits, rest rooms, water fountains, locker rooms, etc.
- F. Coordinate your facility in accordance with Insurance and Fire Code requirements.
- G. An individual with at least first aid and/or athletic training experience should be at weigh-ins.
- H. All unused and unnecessary equipment should be safely stored away.

Vision Statement

The vision of USA Wrestling is to be the preeminent and most highly regarded sport organization in the world using Olympic ideals to assist all in achieving their maximum human potential.