

2009 Big Brother Greco-Roman/ Future Freestyle Wrestling Training Camps Hosted at the U.S. Olympic Training Center, Colorado Springs, Colorado

INTRODUCTION

Getting good training partners and coaching is key in one's development in Freestyle Wrestling and Greco-Roman Wrestling. Training and competing with National Team Athletes will also greatly enhance one's skills and knowledge of the sport. Listed in the flyer are all of the 2007 scheduled Future Freestyle Programs, Big Brother Programs, Elite camps and Coaches Summer Study Workshops.

To our University, Junior & Cadet Level Athletes and Coaches - Besides some of the camps, which are available to you, the Future Freestyle and Big Brother Program is a great opportunity to wrestle and train with some of our country's best senior athletes.

No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward... there is no such thing as staying the same. **See you at the TOP!!!**

Bill Zadick, Asst. Freestyle Resident Coach
Ike Anderson, National Greco-Roman Developmental Coach
Steve Fraser, National Greco-Roman Coach
Momir Petkovic, Assistant National GR Coach
Zeke Jones, National Freestyle Coach
Brandon Slay, Freestyle Resident Coach
Anatoly Petrosyan, Greco-Roman Resident Coach
Ivan Ivanov, Greco-Roman Resident Coach at NMU

FILA Junior Worlds Team Trials/Training Camp

Date: May 17 to 24 **First and last date are travel Days**

Event/Camp and Site: Camp & Final Trials - USOTC in Colorado Springs, CO. **Camp** May 17-24, **Trials** May 22-23

Greco FILA Jr. World Team Camp: June 21 to July 31, 2009 OTC Colorado Springs, CO.

Freestyle FILA Jr. Final Camp: TBA OTC Colorado Springs, CO.

Room and Board: Will be provided if your ranking qualifies you.

2012 Junior Olympic Training Camp: July 5 to 12th, 2009. OTC, Colorado Springs. A separate application will be sent to all qualified wrestlers. There are 60 spots, the top three finishers from 2007 Cadet and Junior Nationals, who currently enrolled in High School, have first choice. If you are from the following states you will need approval from your State Coach to attend this camp. *Minnesota*

BIG BROTHER GRECO-ROMAN / FUTURE FREESTYLE TRAINING CAMPS

The Goal is to offer you training situations that will greatly improve your Wrestling skills and knowledge.

What is the Big Brother / Future Freestyle Program? The program is developed to allow for USA Wrestling's top ranked Cadet, Junior and University wrestlers to come to Colorado Springs, Colorado and train with our Senior Greco-Roman and Freestyle Resident Team. Special coaching attention will be given to each participant.

Coaches - Highlighting some of the coaches for the program are **Zeke Jones** (National Freestyle Coach), **Brandon Slay** (Freestyle Resident Coach), **Bill Zadick** (Asst. Resident Freestyle Coach), **Steve Fraser** (National GR Coach), **Ike Anderson** (National GR Developmental Coach), **Momir Petkovic** (Asst. National GR Coach), **Anatoly Petrosyan** (GR Resident Coach), **Ivan Ivanov** (NMU GR Resident Coach) and possibly others at different times.

Location - Practice will be held at the U.S. Olympic Training Center in Colorado Springs, CO with the exception of the Big Brother Greco-Roman Camp at NMU in Michigan.

Qualifications - Wrestlers must meet the following criteria: All USAW All-Americans can apply but only those below are funded access. Others must pay \$50.00/per day plus camp fee.

Top 6 at 2008 University Nationals
Top 4 at 2008 FILA Junior Nationals
Top 6 at 2008 Junior Nationals
Top 4 at 2008 Cadet Nationals
Top 4 at 2008 Cadet FILA National Team Trials
Top 6 at 2009 NCAA Div I Championships

Cost - All transportation into Colorado Springs are the responsibility of the athlete. Room and board costs are free. Spots are limited! **For airport pick up we must have itinerary 3 weeks prior to arrival date. Colorado Springs pickup only!**

Schedule - At the U.S. Olympic Training Center in Colorado Springs, Colorado. * **First and last date are travel days!**

Mar. 15-22 Mar. 22 – Mar.29

At NMU: April 12th to 18th

**** All camp applications must arrive 3 weeks prior to the camp you apply for!!!!**

How to Apply? Contact Ike Anderson at (719) 598-8181 or send in attached application to: USA Wrestling Camps

COACHES SUMMER STUDY WORKSHOPS

The Goal - (1) is to help raise the level of Freestyle and Greco-Roman coaching throughout the United States; and (2) to build a strong network of Freestyle and Greco-Roman coaches in the nation.

What is the Coaches Summer Study? It is a five-day Coaches Education Program that will allow coaches to come to the U.S. Olympic Training Center in Colorado Springs, CO for a workshop covering topics in our different areas: (1) Psychology of coaching wrestlers; (2) physiological development; (3) Technical development.

Location - All seminars and practices will be held at the U.S. Olympic Training Center in Colorado Springs, CO in conjunction with the Big Brother / Future Freestyle Programs.

Qualification - The program is designed for coaches that have been Bronze Certified. Participation and completion of the five-day program will go toward the Silver/Gold certification requirements. There are very limited spots available during each scheduled week. All participants must have a current 2009 USA Wrestling Coaches Membership Card.

Cost:

Administrative Materials: \$100 - Bronze Certified
\$150 - Not Bronze Certified

Room and Board: Covered by USA Wrestling

Transportation: Coaches responsibility.

How to Apply? Contact Ike Anderson, USA Wrestling at (719) 598-8181 or send in the attached application to

USA Wrestling
6155 Lehman Drive
Colorado Springs, CO 80918

FOR MORE INFORMATION CONTACT: (Application is on line at usawrestling.org)

Sam Barber e-mail;
sbarber@usawrestling.org
719 598-8181

Ike Anderson. E-mail: ianderso@usawrestling.org
6155 Lehman Drive
Colorado Springs, CO 80918
Phone: (719) 598-8181 Fax: (719) 598-9440

2009 Application

I have enclosed \$120 Administration fee for the Big Brother/Future Freestyle Camp

I have enclosed \$120/180 Administration fee for the Coaches Workshop

Yes! I'm ready to take the
Next step. Sign me up today.

* All camp applications must be received at least 3 weeks prior to camp dates

March 15-22 Mar 22-29 Apr. 12-18 NMU/USOEC

Name: _____ FS ____ GR ____

Address -Street, City, State & Zip: _____

Phone: (_____) _____ Parent's Work Phone: (_____) _____

Current Grade: _____ Birth Date: _____

Parent's Name: _____ Parent/Guardian Signature: _____

Date Signed: _____ Applicant's Social Security No.: _____

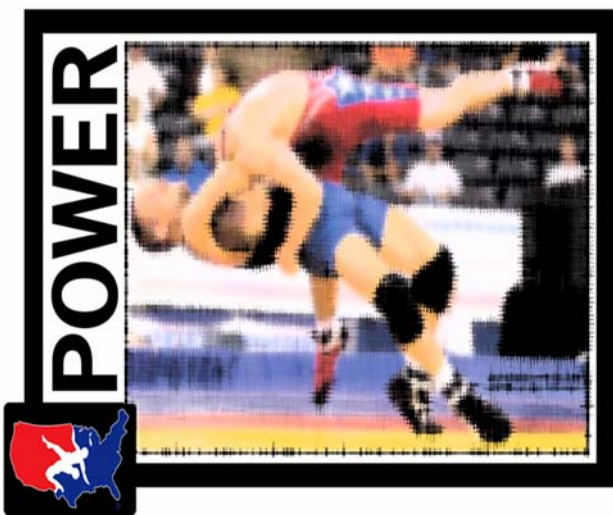
Email Address: _____ Qualifying Placement: _____

USA WRESTLING

Big Brother/Freestyle Wrestling Training Camps & Study Workshops

6155 Lehman Drive

Colorado Springs, CO 80918



*There is only one goal... to be the best.
To those who have come before me, my time will come.*

THE 2009 FUTURE FREESTYLE BIG BROTHER GRECO-ROMAN

- CADET AND JUNIOR TRAINING CAMPS
- 2012 JUNIOR OLYMPIC TRAINING CAMP
- COACHES SUMMER STUDY WORKSHOPS

**"SEE YOU AT THE TOP"
"EXPECT TO WIN"**