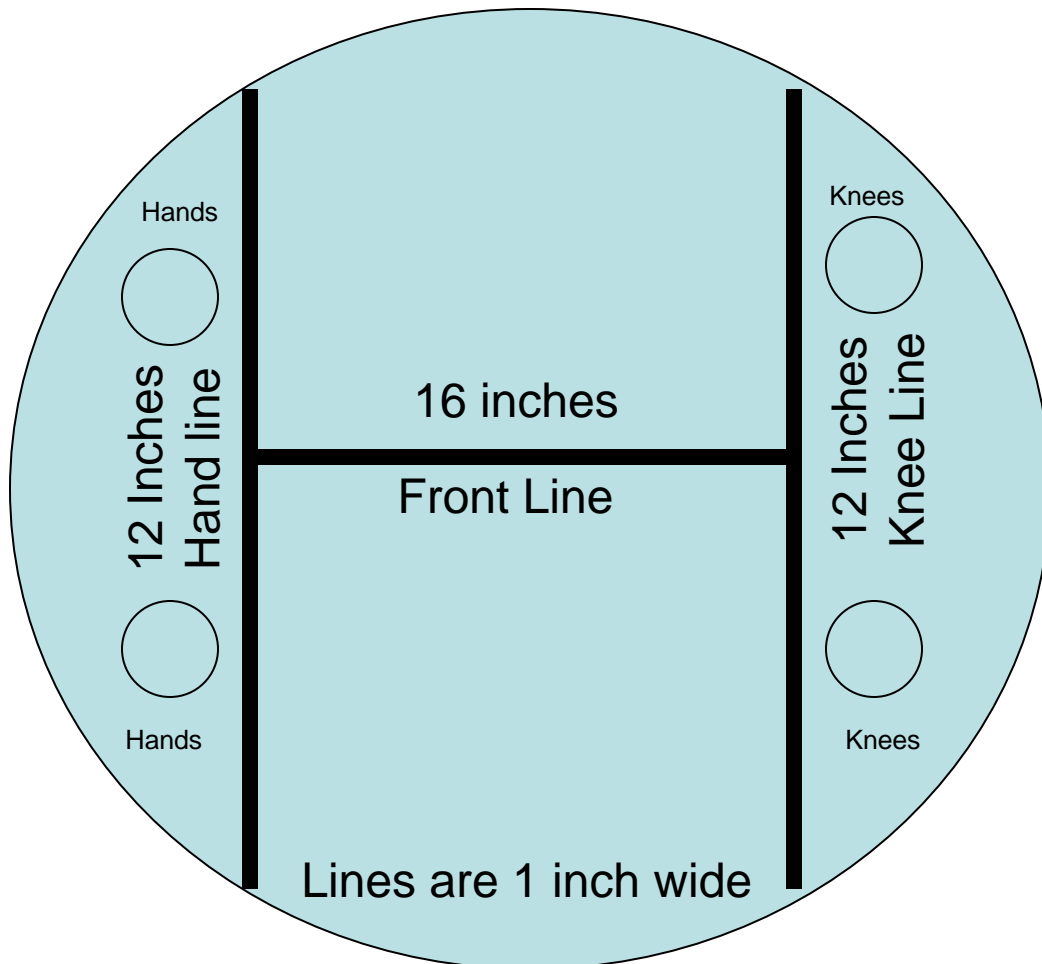


## Ordered Clinch Hold in Greco-Roman

In order to clarify the position of the wrestlers during the ordered hold in Greco-Roman and to avoid penalty, a correct position scheme must be drawn on the mat, as detailed below.



The top wrestler is allowed to step (one or two feet) in the rectangle formed by the internal lines. However, he cannot step beyond the front line or the hand line. To ensure a good lift position, the top wrestler can keep one knee on the knee line and one knee beyond.

In all cases, he has no right to push his opponent with his leg or to make remarks to the referee regarding his opponent's position.

At the referee's signal, he must take the hold, with both arms, instantly without feigning. The referee must stop the match every time the top wrestler simulates or pushes his opponent with his legs and he must warn him with the word "ATTENTION". At the second warning, he must penalize him with one point and one caution and the bout restarts in standing position.