

USA Wrestling Hawaiian Islands Regional Grappling Qualifier

Event Date: July 11-12, 2008

Event Location: The Neal S. Blaisdell Center, 777 Ward Avenue, Honolulu HI 96814

Event Contact: Bryan Sanders, (808) 688-3962, bdshawaii@hotmail.com

Event Website: www.GrappleFest.net

Age Groups:

Kids (Born 1994-1997)

High School (Born 1988 and after, plus must be enrolled in Grades 9-12)

Senior Men (Born 1990 and before)

Senior Women (Born 1991 and before)

Skill Divisions:

-Advanced

-Novice: This skill division is for grapplers with one year or less Grappling experience.

Weight Classes:

Senior Men's (Advanced):

136.5 lbs, 154 lbs, 176 lbs, 202.5 lbs, 275 lbs

Senior Women's (Advanced):

105.5 lbs, 121 lbs, 138.5 lbs, 158.5 lbs

Senior Men's and Women's (Novice Divisions):

Weight Classes determined after weigh-ins. (Madison System)

High School Men's (Advanced and Novice Divisions):

Weight Classes determined after weigh-ins. (Madison System)

High School Women's

Weight Classes determined after weigh-ins. (Madison System)

Kids Boys (Advanced and Novice Divisions):

Weight Classes determined after weigh-ins. (Madison System)

Kids Girls

Weight Classes determined after weigh-ins. (Madison System)

World Team Trials Qualifier Information:

- Returning World Team Trials Champions automatically qualify for the 2008 Grappling World Team Trials.
- The **Top 4 Senior Men's (Advanced)** Place winners and **Top 3 Senior Women's (Advanced)** Place winners qualify for the 2008 Grappling World Team Trials.
- There will no weight allowance; all competitors must make scratch weight.
- You must be a U.S. citizen to qualify for the World Team Trials.
- You may compete in as many qualifiers as you choose.

- At the World Team Trials you may compete in a different weight class other than the one in which you qualified.
- You must wear either a long-sleeve, short-sleeve or sleeveless tight fitting lycra rashguard competition top with no holes or abrasive parts. You may wear either tight fitting lycra competition shorts or loose fit board shorts. The board shorts may not extend below the top of the knee or be excessively baggy. Buttons, zippers, external strings, exposed Velcro or other abrasive parts are prohibited.
- All athletes must weigh-in in their competition tops and shorts.
- All athletes must wear the appropriate undergarments while competing.

Event Schedule:

Friday, July 11th

Registration and Weigh-in (All Divisions-OPTIONAL) 6 PM- 9 PM

TBA

Referees Training Course 7 PM- 8:30 PM

Saturday, July 12th

Registration and Weigh-ins 11:00 AM- 12:00 PM

Rules Demonstration 12 PM- 12:30 AM

Competition Begins 12:45 PM

Session 1 11:00 AM - 3:00 PM

(including weigh-ins)

* Divisions: All Age Groups

* Weigh-Ins starts

* Wrestling starts 11:00 AM- 12:30 PM

* Wrestling completes around 12:45 PM

3:00 PM



USA **wrestling**