

U.S. World Team Trials

Grappling

Information Packet



USA wrestling

September 13th & 14th 2008
Sierra College
Rocklin, Calif.

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Event Information

Event Contacts:

Staff Member	Event Function	Phone	Email
Jason Townsend	USA Wrestling Representative	(719) 598-8181	jtownsend@usawrestling.org
Chris Carlino	CA-USA Wrestling Grappling Director	(714) 334-9257	chriscarlino@mac.com
Duane Morgan	CA-USA Wrestling State Chairman	(831) 636-1569	dmorgan@cifccs.org
Rob Valerio	CA-USA Wrestling Membership Dir.	(559) 275-9478	calusarob@aol.com

Event Schedule:

Registration & Check-in:

September 13th 9:00 AM – 10:00 AM

Medical Check:

September 13th 9:45 AM – 10:15 AM

Weigh-ins:

September 12th 8:00 PM – 8:30 PM

(Only Athletes that Pre-register on www.trackwrestling.com will be eligible for Friday night weigh-ins.)

September 13th 10:00 AM – 10:45 AM

Competition Schedule:

September 13th 12:00 PM – 6:00 PM

September 14th 10:00 AM – Medal Matches

12:00 PM – Finals

Media Credentials:

Media who are interested in covering the 2008 Grappling World Team Trials should contact Chris Carlino at (714) 334-9257 or chriscarlino@mac.com for media accreditation information.

Athlete Technical & Operational Information

Location:

Sierra College
5000 Rocklin Road
Rocklin, CA 95677

Dates:

Saturday, September 13th
Sunday, September 14th

Registration & Cost:

Pre-Registration link:

<http://www.trackwrestling.com/tw/registration/BasicPreReg1.jsp?tournamentGroupId=479009>

Athlete Registration Fee: \$75 for Pre-registration and Late registration

Late Registration will take place on Saturday, September 13th from 9:00 am - 10:00 am. Athlete Credentials will be issued at registration.

- To participate in the 2008 Grappling World Team Trials you must have qualified at a previous qualifying event or be the returning World Team Trials champion. For any questions about your qualification status please contact Jason Townsend (see page 3).
- All athletes must be a U.S. Citizen to participate.
- Only Senior Advance Men and Women qualified.
- Competitors may compete at any weight they wish. Competitors **DO NOT** need to compete at the weight in which they qualified.

Coaches Credentials

In order to provide the best competition environment while accommodating all participating athletes, USA Wrestling has established a specific policy regarding coaches' credentials at the 2008 USA Grappling World Team Trials. Coaches' credentials will be given according to the following formula. One (1) athlete from a

club will be allowed up to two (2) non-transferable coaches' credentials. Two (2) to four (4) athletes will be allotted three (3) coaches' credentials. Four (4) to ten (10) athletes will be allotted four (4) coaches' credentials.

Keeping the "Field of Play" clean and free of coaches, athletes, family and fans will be strictly enforced. There will only be two (2) properly credentialed coaches allowed in each corner. This will be enforced at all times.

Medical Check & Weigh-ins:

- Medical check for all athletes will take place on Saturday at 9:45 am to 10:15 am.
- Only athletes who Pre-Register on www.trackwrestling.com will be eligible to weigh-in on Friday night from 8 PM – 8:30 PM at the Sierra College gymnasium.
- Weigh-ins for all other athletes will take place on Saturday from 10:00 am to 11:00 am.
- Scales will be available to check weight from 8:30 am to 9:45 am on Saturday, September 13th at the designated weigh-in area.
- All Athletes must weigh-in in their competition tops and shorts.
- All competitors must make scratch weight.

Senior Men (Advanced): 136.5 lbs, 154 lbs, 176 lbs, 202.5 lbs, 275 lbs

Senior Women (Advanced): 105.5 lbs, 121 lbs, 138.5 lbs, 158.5 lbs

Practice Site:

Open Work-outs will be held at:

Ultimate Fitness MMA Training Center

1705 I Street, Sacramento, CA 95814

(916) 444-3357

Available Work-out Times: Thursday & Friday, September 11th & 12th
7:00 am – 11:00 am
1:00 pm – 5:00 pm

When entering the gym let the front desk know that you are competing at the World Team Trial. Please be respectful to the gym patrons. There is no cost to work out. There will be mats and cardio equipment available.

Uniforms/Competition Garments:

You must wear either a long-sleeve, short-sleeve or sleeveless tight fitting Lycra rash guard competition top with no holes or abrasive parts. You may wear either tight fitting Lycra competition shorts or loose fit board shorts. The board shorts

may not extend below the top of the knee or be excessively baggy. Buttons, zippers, external strings, exposed Velcro or other abrasive parts are prohibited.

Ear Protection:

Grapplers may wear FILA approved ear protectors that do not contain any metal or hard cover shells. The referee can enforce a wrestler whose hair is too long to wear ear protectors or athletic hair cover.

Shoes:

Grapplers are not required to wear shoes during the match, but those who choose to shall wear FILA approved shoes. The use of shoes with heels or nailed soles, buckles, or any metallic parts is prohibited. Prior to competition, a FILA official shall examine all equipment that is outside of the established normal attire. Shoes with laces shall be wrapped with sticky tape so that they do not come undone during the match. Each grappler is responsible for providing the tape himself/herself for the shoes and laces shall be wrapped prior to stepping onto the mat.

Appearance:

Grapplers are prohibited from wearing bandages on the wrists, arms or ankles except in the case of injury or on doctor's orders. These bandages shall be covered with elastic straps. Grapplers are prohibited from wearing any object that might cause injury to an opponent such as necklaces, bracelets, anklets, toe rings, finger rings, piercing of any kind, prosthesis, etc. Grapplers' fingers and toenails (if they opt to not wear shoes) shall be neatly trimmed with no sharp edges. If an athlete's hair is longer than shoulder length and/or bangs extend beyond the ears, the athlete shall wear an athletic hair cover. Grapplers shall be well groomed and their hair and skin shall be free of any greasy, oily or sticky substance. Males' face shall be either clean shaven, or if bearded, the beard shall be trimmed and well groomed.

Grapplers may not arrive at the mat perspiring for the beginning of the match. The referee may require a grappler to towel off at any time during the match. In the interest of health, hygiene and a sanitary environment for the athletes, these rules shall be strictly enforced. At weigh-in, a FILA official shall check that each competitor satisfies the requirements of this article. The competitors must be warned that if their appearance is not correct, they will not be allowed to enter the competition. If a grappler enters the mat with an appearance that does not conform to the FILA regulations, he/she will be given one minute to change it, otherwise he/she will lose the match by forfeit.

Video Recording:

USA Wrestling retains all rights to video of this event. Individuals are not permitted to reproduce any videos for production or internet distribution without the written consent of USA Wrestling. However, individuals are permitted to record their own matches for **PERSONAL USE ONLY**.

Awards & Post Event Information

Individual Placing & Awards:

Top 6 men and Top 4 women will be recognized as All-Americans and will receive awards.

World Championships Qualification:

Top 2 men and women in each weight class will qualify to represent the United States at the World Championships in Lucerne, Switzerland on December 20th & 21st. All-Americans will be allowed to attend the National Training Camp at No Limits MMA in Irvine, CA in December (more information will be provided at a later date).

Team Placing & Award (Dollamur Mat):

The Championship team will receive an award. The winning team of the qualifying series and World Team Trials will receive a custom Dollamur mat (see page 8 for team details).

Team Scoring Rules for Dollamur Mat

The World Team Trials and Qualifying Circuit Team Champion will receive a Limited Edition 36' x 36' full size Dollamur mat and free shipping.

Qualifier scoring procedure:

1st place= 2 points

2nd place= 1 ½ points

3rd place= 1 point

4th place= ½ point

- Grapplers may compete in as many qualifiers as they wish.
- A Grappler may only compete for one team. The team he/she registers under in their first qualifier will be the team in which he/she scores points for. If a grappler registers for another team at a different qualifier then all the points he/she accumulated will be eliminated.
- A Grappler is not required to wear a team uniform, but it is highly suggested.
- The team score from the qualifiers will accumulate over to the World Team Trials.
- Only senior advance divisions will keep team score.
- Men and women points will be tallied together.
- When registering team names must be spelled identical.
- A team may score points from multiple competitors in the same weight class.

World Team Trials (WTT) scoring procedure:

1st place= 16 points

2nd place= 14 points

3rd place= 12 points

4th place= 10 points

5th place= 8 points

6th place= 6 points

Advancement points in championship round= 1 point

Advancement points in consolation round= ½ point

Bonus points:

Submission victory= 2 points

Technical decision victory= 1 ½ points

Majority decision victory= 1 point

- All the point accumulated by teams at the qualifying events will be added to the points scored at the WTT.
- If there should be a tie at the end of the WTT then the team that scored the most points at the qualifiers will be the team champions.
- There must be an official team coach/leader represented at the WTT (the official team coach/leader may also be a competitor). The team coach/leader must be present at the entire WTT event.
- A team may score points from multiple competitors in the same weight class.
- If a competitor withdraws or gets ejected from the tournament without medical reason then all the points accumulated by that competitor will be eliminated.

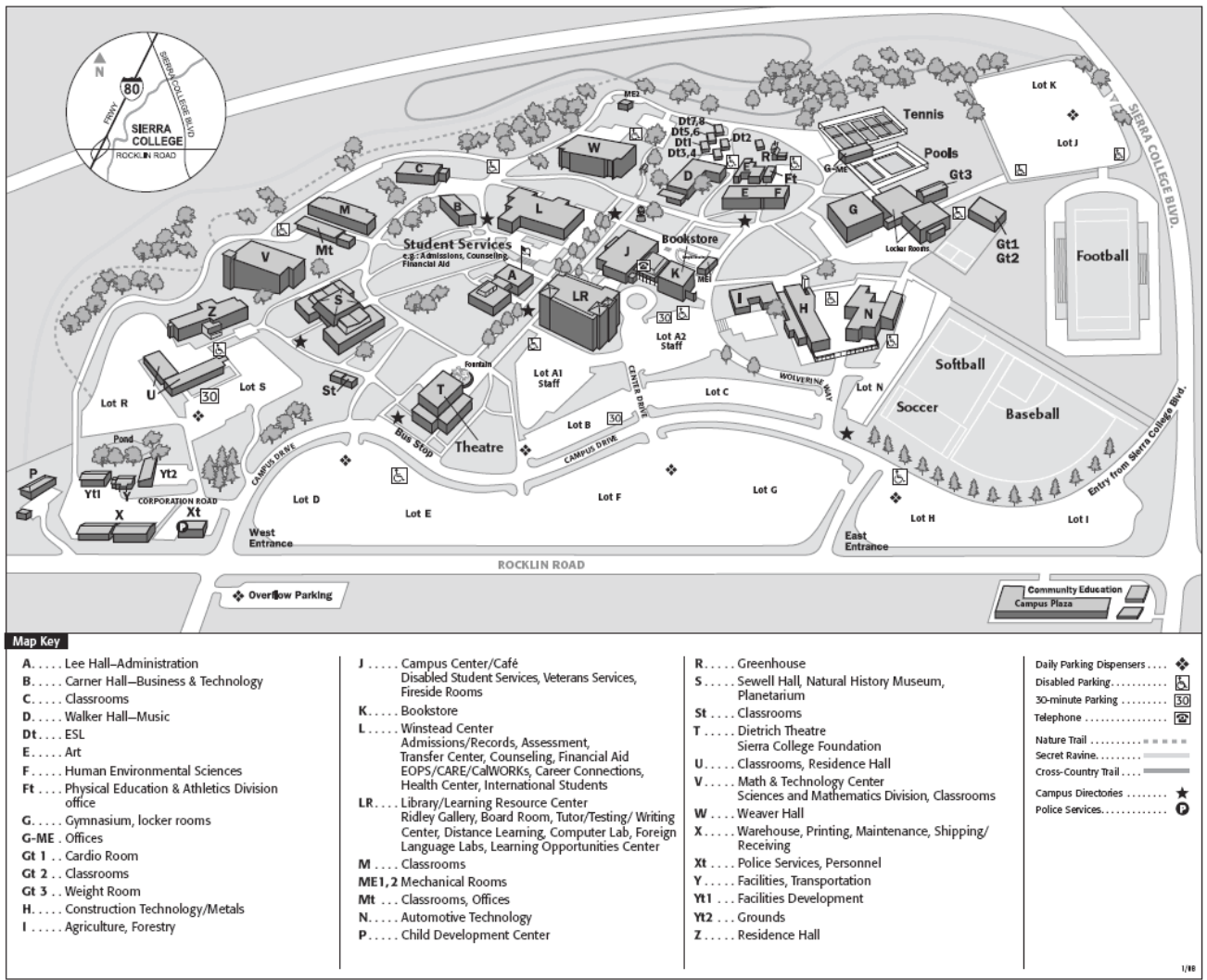
Tickets, Spectators, & Venue Information

Spectator Admission Fee Per Day: \$8 adults
 \$5 under 17

All admission tickets can be purchased at the door.

Doors open at 10:00 am on Saturday and 9:00 am on Sunday.

The event will take place in gymnasium, which is located on the north east side of the campus near the pool and football field. Park in Lots J & K for the closest parking.



Sierra College Rocklin Campus Map
5000 Rocklin Road, Rocklin, CA 95677

From Sacramento on I – 80

- Travel Interstate 80 east towards Reno.
- Take the Rocklin Road exit
- Turn right onto Rocklin Road and follow the signs.
- Sierra College is approximately ½ mile ahead on the left.

From Highway 50

- Travel Highway 50 east towards Tahoe.
- Take the Hazel Avenue exit and proceed north approximately 10 miles.
- Hazel Avenue will change into Sierra College Boulevard at Douglas Boulevard.
- Proceed on Sierra College to Rocklin Road.
- Turn left onto Rocklin Road.
- Sierra College will be immediately on your right.

From Sacramento International Airport (SMF)

- Start on **AIRPORT BLVD** going toward **MCNAIR CIR** - go **0.2** mi
- Bear Right on **MCNAIR CIR** toward **RENTAL CARS/AIRPORT EXIT/TERMINAL B** - go **0.1** mi
- Bear Right on **AVIATION DR** - go **0.4** mi
- Bear Right on **CROSSFIELD DR** - go **0.3** mi
- Turn Left to take ramp onto **AIRPORT BLVD** - go **0.6** mi
- Take ramp onto **I-5 S** toward **SACRAMENTO/YUBA CITY** - go **5.8** mi
- Take exit #522/**RENO/SAN FRANCISCO** onto **I-80 E** toward **RENO** - go **21.7** mi
- Take exit #108/**ROCKLIN ROAD** - go **0.2** mi
- Turn Right on **ROCKLIN RD** - go **0.6** mi
- Arrive at 5000 **ROCKLIN RD**, **ROCKLIN**, on the Right

