

ELIGIBILITY, AGE DIVISIONS, QUALIFICATION & WEIGHT CLASSES

ELIGIBILITY: All contestants must present proof of current USA Wrestling Membership at registration. Secondary sports accident insurance is provided as a benefit of membership.

Junior Division Eligibility: Athletes shall be considered eligible to compete in Junior Division competitions if he/she is currently attending high school, or participating in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program, or if a summer event, attended high school, or participated in a program considered by the State's Department of Education to be fulfilling the athlete's requirements for graduation from an accredited high school program the "Spring" semester just prior to the summer event. In addition, the athlete has only four consecutive years to compete in the Junior Division once his/her class begins the ninth grade.

Only wrestlers born September 1, 1986 and later who were enrolled in grades 9-12 during the 2005 spring semester are eligible. No wrestler who was enrolled in 8th grade during the 2006 spring semester will be allowed to enter. Any such wrestler who enters or competes will be penalized by forfeiting his/her eligibility in the next year's event in both styles.

Junior Division Qualification: Wrestler must have qualified in a competitive event conducted under sanction of USA Wrestling in the state where he/she resides, and must be certified by the state association. Each state may enter a maximum of forty-five (45) men wrestlers and twenty-seven (27) women wrestlers in each style and a maximum of four (4) wrestlers in any one (1) weight class, per style.

***In addition, the top three place winners from USA Wrestling's Junior Division Regional Championships and the FILA Junior National Championships qualify for this event but must still adhere to all individual state association policies.

Men's Junior Division Weight Classes: 98 lbs., 105 lbs., 112 lbs., 119 lbs., 125 lbs., 130 lbs., 135 lbs., 140 lbs., 145 lbs., 152 lbs., 160 lbs., 171 lbs., 189 lbs., 215 lbs. and 275 lbs. NO WEIGHT ALLOWANCE GIVEN AT INITIAL WEIGH-IN

Women's Junior Division Weight Classes: 95 lbs., 102 lbs., 110 lbs., 119 lbs., 128 lbs., 138 lbs., 148 lbs., 160 lbs., 175 lbs., 195 lbs. and 220 lbs. NO WEIGHT ALLOWANCE GIVEN AT INITIAL WEIGH-IN

Cadet Division Eligibility: Only wrestlers born in 1990-1991 are eligible.

Cadet Division Qualification: Wrestler must have qualified in a competitive event conducted under sanction of USA Wrestling in the state where he/she resides, and must be certified by the state association. Each state may enter a maximum of fifty-one (51) wrestlers in each style and a maximum of four (4) wrestlers in any one (1) weight class, per style.

***In addition, the top three place winners from USA Wrestling's Cadet Division Regional Championships and the FILA Cadet National Championships qualify for this event but must still adhere to all individual state association policies.

#Due to the lateness of the event, the West Kids/Cadet Regional is not considered a qualifier for Cadet Nationals. The Northwest Regional in Battle Ground, WA is the qualifier for states residing in the west region.

Cadet Division Weight Classes: 84 lbs., 91 lbs., 98 lbs., 105 lbs., 112 lbs., 119 lbs., 125 lbs., 130 lbs., 135 lbs., 140 lbs., 145 lbs., 152 lbs., 160 lbs., 171 lbs., 189 lbs., 215 lbs. and 275 lbs. NO WEIGHT ALLOWANCE GIVEN AT INITIAL WEIGH-IN



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USA wrestling



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USA wrestling



ASICS/VAUGHAN
CADET & JUNIOR
NATIONAL CHAMPIONSHIPS
FREESTYLE, GRECO-ROMAN &
WOMEN'S FREESTYLE

JULY 22-29, 2006
FARGODOME
NORTH DAKOTA STATE UNIVERSITY
FARGO, ND

EVENT DIRECTOR: PETE ISAIA
PHONE: (719) 598-8181
EMAIL: PISAIA@USAWRESTLING.ORG

WAIVER AND MEDICAL FORMS
AVAILABLE WWW.THEMAT.COM



ABBREVIATION KEY

GR - Greco-Roman **FS** - Freestyle **WM FS** - Women's Freestyle
FD - FARGODOME **CT** - Century Theatre **MU** - Memorial Union
BSA - Bison Sports Arena **Conf. Room** - Conference Room

¹ Team Leader must sign up for workout times at the BSA

² All athletes must be present at the start of all weigh-ins

EVENT SCHEDULE

Thursday, July 20	Location	Start	Finish
Pre-tournament Team & Official Registration	BSA	12:00 pm	5:00 pm
Friday, July 21	Location	Start	Finish
FILA Clinic (Part I)	CT	9:00 am	12:00 pm
¹ Mats Open for Workouts	BSA-Gym	9:00 am	9:00 pm
Tournament Registration & Housing Check-in	BSA	10:00 am	9:00 pm
GR Technique Clinic	BSA-Gym	12:00 pm	1:00 pm
FILA Clinic (Part I Continued)	CT	2:00 pm	5:00 pm
USWOA National Clinic	CT	2:00 pm	4:00 pm
Pairings Advisory Council Meeting	FD-TBA	3:00 pm	5:00 pm
MANDATORY: Submit Cadet GR Team Weigh-in List	BSA	Deadline	5:00 pm
USWOA Pairing Officials Clinic	FD-Room A/B	6:00 pm	9:30 pm
Saturday, July 22	Location	Start	Finish
² Cadet GR Medical Check/Weigh-in	BSA-Gym	8:00 am	8:20 am
Cadet GR Set-up	FD	8:00 am	10:30 am
Bronze Coaches Clinic (Session I)	FD-Room C	9:00 am	11:00 am
Tournament Registration & Housing Check-in	BSA	9:00 am	5:00 pm
¹ Mats Open for Workouts	BSA-Gym	9:00 am	9:00 pm
GR Rules Clinic (Athletes & Coaches)	FD-Main Floor	10:00 am	10:15 am
Cadet GR (Session I)	FD-Main Floor	11:00 am	2:00 pm
Bronze Coaches Clinic (Session II)	FD-Room C	2:00 pm	4:00 pm
Cadet GR (Session II)	FD-Main Floor	4:00 pm	8:30 pm
MANDATORY: Submit Junior GR Team Weigh-in List	BSA	Deadline	5:00 pm
Sunday, July 23	Location	Start	Finish
State Chairperson's Welcome Breakfast	MU	7:30 am	8:30 am
² Junior GR Medical Check/Weigh-in	BSA-Gym	8:00 am	8:20 am
Junior GR Set-up	FD	8:00 am	10:30 am
Bronze Coaches Clinic (Session III)	TBA	9:00 am	11:00 am
¹ Mats Open for Workouts	BSA-Gym	9:00 am	9:00 pm
GR Rules Clinic (Athletes & Coaches)	FD-Main Floor	10:00 am	10:15 am
Junior GR (Session I)	FD-Main Floor	11:00 am	2:00 pm
² Cadet GR Weigh-in (+2lbs.)	BSA-Gym	2:00 pm	2:10 pm
Tournament Registration & Housing Check-in	BSA	2:00 pm	5:00 pm
National Coaches Council Meeting (GR)	FD	2:30 pm	3:30 pm
Parade of States - Cadets & Juniors	FD-Main Floor	2:50 pm	---
Junior GR (Session II)	FD-Main Floor	4:00 pm	8:30 pm
Cadet GR (Session III)	FD-Main Floor	4:00 pm	8:30 pm
MANDATORY: Submit WM FS Team Weigh-in List	BSA	Deadline	5:00 pm
Housing Check-in	BSA	7:00 pm	9:00 pm
USWOA Executive Committee Meeting	Conf. Room	8:30 pm	10:00 pm

Visit WWW.THEMAT.COM for additional event information including medical, waiver and consent forms, accommodation information, admission prices and specific event procedures (i.e. uniform/head-gear policies, coaching requirements/policies, etc.).

Monday, July 24	Location	Start	Finish
² Junior GR Weigh-in (+2lbs.)	BSA-Gym	7:00 am	7:10 am
² WM FS Medical Check/Weigh-in	BSA-Gym	7:20 am	7:30 am
WM FS Set-up	FD	7:30 am	8:30 am
WM FS Rules Clinic (Athletes & Coaches)	FD-Main Floor	8:30 am	8:45 am
Junior GR (Session III)	FD-Main Floor	9:00 am	1:00 pm
Cadet GR (Session IV)	FD-Main Floor	9:00 am	1:00 pm
WM FS (Session I)	FD-Main Floor	9:00 am	1:00 pm
¹ Mats Open for Workouts	BSA-Gym	9:00 am	6:00 pm
FILA Junior & University National Council Meeting	FD	1:30 pm	2:30 pm
Tournament Registration & Housing Check-in	BSA	2:00 pm	5:00 pm
Cadet GR (Session V)	FD-Main Floor	3:00 pm	6:30 pm
Finals, Medal Matches & Awards			
MANDATORY: Submit WM FS Team (Dual) Weigh-in List	BSA	Deadline	5:00 pm
Parade of States - WM FS	FD-Main Floor	6:00 pm	---
WM FS (Session II)	FD-Main Floor	6:30 pm	9:00 pm
Tuesday, July 25	Location	Start	Finish
² WM FS Individual & Team Medical Check/Weigh-in (+2lbs.)	BSA-Gym	7:00 am	7:10 am
Junior GR (Session IV)	FD-Main Floor	9:00 am	12:00 pm
¹ Mats Open for Workouts	BSA-Gym	9:00 am	9:00 pm
Pairing Testing Session	FD	9:30 am	11:30 am
WM FS (Session III)	FD-Main Floor	9:00 am	12:00 pm
Pool Finals, Medal Matches, Finals & Awards			
Tournament Registration & Housing Check-in	BSA	1:00 pm	5:00 pm
Junior GR (Session V)	FD-Main Floor	1:30 pm	4:00 pm
Finals, Medal Matches & Awards			
WM FS National Duals (Rounds 1-2)	FD-Main Floor	4:00 pm	6:30 pm
MANDATORY: Submit Cadet FS Team Weigh-in List	BSA	Deadline	5:00 pm
Housing Check-in	BSA	7:00 pm	9:00 pm
USWOA General Membership Meeting	TBA	7:30 pm	9:30 pm
Coaches Appreciation BBQ	FD	8:00 pm	10:00 pm
Wednesday, July 26	Location	Start	Finish
² Cadet FS Medical Check/Weigh-in	BSA-Gym	8:00 am	8:20 am
Cadet FS Set-up	FD	8:00 am	10:00 am
FS Rules Clinic (Athletes & Coaches)	FD-Main Floor	9:00 am	9:15 am
¹ Mats Open for Workouts	BSA-Gym	9:00 am	9:00 pm
WM FS National Duals (Rounds 3-5 & Place Matches)	FD-Main Floor	9:00 am	2:00 pm
Cadet FS (Session I)	FD-Main Floor	10:30 am	2:00 pm
Tournament Registration & Housing Check-in	BSA	1:00 pm	5:00 pm
Kids/Cadet Council Meeting	FD	2:30 pm	3:30 pm
Cadet FS (Session II)	FD-Main Floor	4:00 pm	9:00 pm
MANDATORY: Submit Junior FS Team Weigh-in List	BSA	Deadline	5:00 pm
Housing Check-in	BSA	7:00 pm	9:00 pm

ENTRY INFORMATION: The OFFICIAL ENTRY BLANK (both sides) must be accurately completed. The \$30.00 entry fee (per style) along with the COMPLETED OFFICIAL ENTRY BLANK must be filed with the athlete's Team Leader. Team Leaders must file all entries during the specified registration period. **NO INDIVIDUAL ENTRIES WILL BE ACCEPTED.**

RULES: The rules of FILA, with USA Wrestling modifications where applicable, will govern the event and the competition.

Thursday, July 27	Location	Start	Finish
² Junior FS Medical Check/Weigh-in	BSA-Gym	8:00 am	8:20 am
Junior FS Set-up	FD	8:00 am	10:00 am
FS Rules Clinic (Athletes & Coaches)	FD-Main Floor	9:00 am	9:15 am
Junior FS (Session I)	FD-Main Floor	10:30 am	2:00 pm
² Cadet FS Weigh-in (+2lbs.)	BSA-Gym	2:00 pm	2:10 pm
National Junior Division Council Meeting	FD	2:30 pm	3:30 pm
Parade of States - Cadets & Juniors	FD-Main Floor	2:50 pm	---
Junior FS (Session II)	FD-Main Floor	4:00 pm	9:00 pm
Cadet FS (Session III)	FD-Main Floor	4:00 pm	9:00 pm
¹ Mats Open for Workouts	BSA-Gym	5:00 pm	8:00 pm
National Coaches Council Meeting (FS)	TBA	9:00 pm	10:00 pm
Friday, July 28	Location	Start	Finish
² Junior FS Weigh-in (+2lbs.)	BSA-Gym	7:00 am	7:10 am
Junior FS (Session III)	FD-Main Floor	9:00 am	1:00 pm
Cadet FS (Session IV)	FD-Main Floor	9:00 am	1:00 pm
State Chairpersons Council Meeting	FD	1:30 pm	2:30 pm
Junior FS (Session IV)	FD-Main Floor	3:00 pm	6:00 pm
Cadet FS (Session V)	FD-Main Floor	6:30 pm	10:00 pm
Finals, Medal Matches & Awards			
Saturday, July 29	Location	Start	Finish
Junior FS (Session V)	FD-Main Floor	9:00 am	12:00 pm
Junior FS (Session VI)	FD-Main Floor	2:00 pm	6:00 pm
Finals, Medal Matches & Awards			

ADMISSION: Only coaches with a current USAW Coach's Membership Card **AND** who are USAW NCEP **BRONZE, SILVER OR GOLD** certified are entitled to free admission.

MEDICAL INFORMATION: Athletes must be present in a **COMPETITION SINGLET** and must submit to a skin disease screening prior to weigh-in. The chief medical officer has full authority without appeal in determining the eligibility of an athlete to compete. In the event of injury or illness, no contestant will be permitted to continue the competition without approval of the Chief Medical Officer, whose decision is final and not subject to appeal.

WEIGH-INS: All athletes **MUST** be present at the **BEGINNING** of **ALL WEIGH-INS** and **MUST** be dressed in a **COMPETITION SINGLET**. No weight allowance is given for the singlet. All athletes shall weigh in during scheduled weigh-in times for each style wrestled. Athletes shall have two (2) consecutive opportunities during the scheduled weigh-in to make the weight indicated. Once weigh-ins have started, athletes shall not be allowed to leave the designated weigh-in area during the weigh-in process. Athletes must weigh in the second day of competition, per style, during scheduled weigh-in times. There is a +2 lb. allowance for the second day. An athlete failing to make weight at the initial weigh-in shall be placed in the next weight class only if the state's limit of four athletes per weight class is not exceeded. If the athlete's state has four registered wrestlers in that weight class, the athlete failing to make weight will not be entered in the event --- **WITH NO REFUND**. The four (4) wrestler limit does not apply to athletes who qualified through a regional or national qualifier. An athlete that does not weigh in or fails to make weight at the second day weigh-in cannot place and is eliminated from the competition.

ADDITIONAL INFORMATION

UNIFORMS: Red and blue singlets, or red/blue reversible singlet with underbriefs required. For the Women's Division, a red and blue high-cut singlet or women's reversible singlet is required and a sleeveless sport top is to be worn under the singlet (no t-shirts). States encouraged to clear all uniform designs with USA Wrestling prior to the event. Call USA Wrestling to get specific rules. The use of headgear is permitted and encouraged.

COACHING: Floor pass required. A floor pass does not entitle one to free admission. Only coaches with a current USAW Coach's Membership Card AND who are USAW NCEP BRONZE certified are entitled to free admission. (photo ID required). Coaches' floor passes will be issued only to those individuals with a current USAW Coach's Membership Card, are a minimum USAW/NCEP Bronze certified (photo ID required) and are listed on the official state roster that is submitted at registration. All coaches must have all cards and photo ID with them at registration. Coaches' Membership Cards should be obtained from your State Chairperson. Please contact Ted Witulski (USA Wrestling - Coaches Education) at 719/598-8181 (ext. 636) if you have not received or need a replacement card. Floor passes based on state entry numbers.

INDIVIDUAL AWARDS: Attractive wooden plaques to the top eight (8) place winners in each style, in each weight class of all divisions. Outstanding Wrestler Awards in each style of all divisions. Wrestlers must be in uniform for the awards presentation.

U.S. Senior World Team Trials

May 26-28, 2006
Sioux City, Iowa

For event information,
visit www.2006trials.org or
call USA Wrestling at
719/598-8181

HOTEL INFORMATION

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USA wrestling

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LISTINGS, STATE DELEGATIONS SHOULD REFER
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**USA WRESTLING 2006 ASICS/VAUGHAN
JUNIOR & CADET NATIONAL CHAMPIONSHIPS
AND WOMEN'S JUNIOR DUAL NATIONAL
CHAMPIONSHIPS
ENTRY, WAIVER & CONSENT FORMS
-PLEASE PRINT CLEARLY-**

Name _____

USAW Card # _____

Address _____

City _____

State _____ Zip _____

Phone _____ Birthdate _____

E-mail _____

Weight Class _____

School/Club _____

Please check the the age-group you plan on participating in.

CADET (Born 1990-91) FS GR

JUNIOR (Born September 1, 1986 & after,
plus currently enrolled in grades 9-12) FS GR

WM FS

FS = Freestyle

WM FS = Women's Freestyle

GR = Greco-Roman

CONSENT AND RELEASE

In consideration for the opportunity to participate in the JUNIOR & CADET NATIONAL CHAMPIONSHIPS AND WOMEN'S JUNIOR DUAL NATIONAL CHAMPIONSHIPS (the "Event") the undersigned and his/her parent or guardian, if applicable ("Competitor") hereby acknowledges that the "Event", and related activities and performances, may be televised live and/or videotaped for broadcast, cablecast, home video entertainment and/or any other use or distribution (collectively, "Dissemination") in a manner not inconsistent with applicable rules or The United States of America Wrestling Association, Inc., d/b/a USA Wrestling, Inc. ("USAW") and/or the Fédération Internationale des Luttes Associees ("FILA") and hereby consents that USAW, for purposes of USAW's athletics/sports programs and related events and activities, and

any television network, production company or any other parties with which USAW has agreements for such purposes, and/or their licensees, shall have the right, without any compensation to competitor, to use Competitor's name, photograph, image, likeness, biography and accomplishments and displays of wrestling ability in any Dissemination of the Event and for the purpose of advertising, promoting and publicizing the events and activities of USAW and the program and/or any program series of which any Dissemination of the Event is a part (provided that none of the above shall be used in such fashion so as to constitute an endorsement of any commercial product). Competitor agrees, for and on behalf of Competitor and Competitor's heirs, personal representatives, administrators, agents, successors and assigns, to release, indemnify and hold harmless USAW and its officers, directors, agents, employees and licensees from any claim of any nature based upon or arising out of any Dissemination or other permitted uses contemplated by this Consent and Release.

Signature of Competitor

Date

Signature of Parent or Guardian

Date

MEDICAL CONSENT

Name of Primary Insurance Company: _____

Policy # _____

Address _____

Family Doctor _____

Phone _____

Presently on any medication? _____

If yes, please list medication(s) _____

Drug Sensitivities or Allergies _____

Special Medical Conditions _____

Please indicate another person to call in case of emergency:

Name _____

Phone _____

Parent or Guardian of minor must read and complete the following:

Without this signed authorization from the parent/ guardian, hospitals in many states are obligated by law to delay treatment of a contestant's injury or illness until the parents can be reached by telephone and their permission granted to begin treatment. Such a delay can prove unnecessarily painful and even dangerous to the athlete, particularly if the parents cannot be reached immediately. To avoid such delays, the parent/guardian should check one of the options below and endorse the selection with his/her signature.

Check one:

_____ If my child needs medical attention, it is my wish that I be contacted before any medical procedures are begun, unless immediate medical treatment is necessary to save my child's life or prevent permanent injury, in which event I authorize all necessary treatment.

_____ If my child, named above, needs medical treatment during this event, it is my wish that the necessary treatment be initiated while efforts are being made to contact me. So that treatment of my child will not be delayed, I consent to any medical procedures that the physician believes my child needs, on the understanding that efforts will continue to be made to reach me. I accept responsibility for all costs related to such treatment.

Adult athletes hereby authorize and consent to emergency medical treatment. Exceptions — List any medical procedures that you do not want performed unless specific approval is received: _____

COMPETITOR ACKNOWLEDGES THAT COMPETITOR HAS HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTANDS ITS PURPOSE, MEANING AND INTENT.

Print Name of Competitor

Signature of Competitor

Date

Signature of Parent or Guardian

Date

ASSUMPTION OF RISK, CODE OF CONDUCT, WAIVER AND RELEASE OF LIABILITY

IN CONSIDERATION FOR the opportunity to participate in the EVENT described below, PARTICIPANT acknowledges, agrees and affirms the following:

1. The following words used in this document will have the meaning indicated:

- A. "EVENT" shall mean the JUNIOR & CADET NATIONAL CHAMPIONSHIPS AND WOMEN'S JUNIOR DUAL NATIONAL CHAMPIONSHIPS.
- B. "USAW" shall mean The United States of America Wrestling Association, Inc., d/b/a USA Wrestling, Inc., and its directors, officers, members, employees, officials, committees, clubs, affiliates, agents and their successors and assignees.
- C. "EVENT ORGANIZER" shall mean a club, local organizing committee or any other person or entity responsible for hosting, conducting, and/or sponsoring the EVENT, including any director, officer, member, official, committee or agent thereof and their successors and assignees.
- D. "PARTICIPANT" shall mean the undersigned individual who competes or is involved in the EVENT and his/her parents, legal guardians, heirs, personal representatives and their successors and assignees.
- E. "PERSONAL INJURY" shall mean and include any bodily injury; permanent, temporary, total or partial disability; paralysis; dismemberment; or death.
- F. "PROPERTY DAMAGE" shall mean and include damage or destruction to PARTICIPANT'S gear, equipment and all other personal property or belongings.
- G. "MEDICAL TREATMENT" shall mean and include all emergency medical treatment, medical procedures, hospitalization or other care rendered to PARTICIPANT in connection with or resulting from his/her participation in EVENT.
- H. "LOSS" shall mean and include any and all liabilities, losses, damages and claims (including reasonable costs and attorneys' fees), which are suffered or result directly or indirectly from PERSONAL INJURY, PROPERTY DAMAGE and/or MEDICAL TREATMENT to PARTICIPANT, or others, and which are incurred during or in the course of PARTICIPANT'S preparation for, participation and involvement in, and travel to or from the EVENT or the conduct and management of the EVENT.

2. By issuing a sanction for the EVENT, USAW is not responsible or liable for the management or conduct of the EVENT, unless USAW has otherwise expressly agreed in writing to serve in such role.

3. PARTICIPANT understands and appreciates the risks of serious injury that may occur in the sport of wrestling or in the course of preparing for, participating in and traveling to or from the EVENT, and that such activities may involve risks, including PERSONAL INJURY.

4. PARTICIPANT knowingly and voluntarily assumes all such risks of LOSS and all legal and financial responsibility therefore.

5. USA Wrestling (USAW) is committed to providing a safe environment for its members, participants, coaches, officials and volunteers and to prevent abusive conduct and harassment in any form while participating in the activities of USAW. USAW promotes good sportsmanship throughout the organization and encourages qualities of mutual respect, courtesy and tolerance in all members, participants, coaches, officials, staff and volunteers. USAW advocates building strong self-images among participants. Athletes with a strong self-image may be less likely targets for abuse or harassment; similarly, they may be less likely to engage in abuse or to harass or bully others around them.

To this end, USAW has established the following guidelines of behavior. All members of the organization, as well as parents, spectators and other invitees are expected to observe and adhere to these guidelines.

Harassment and abuse are defined in various sources such as state law, case law, sports organization and professional association codes of conduct and training manuals, corporate and business workplace documents and human rights commission materials. USAW has not adopted any specific definition of harassment or abuse, choosing instead to defer to such general sources and definitions for reference and application, depending on the circumstances. As further elaboration of examples given above, the following generally describe conduct that may be considered harassment or abuse:

- Any improper or inappropriate comment, action or gesture directed toward a person or group that is related to race, ethnicity, national origin, religion, age, gender, sexual orientation, disability or other personal characteristic.

- Creating an environment through behavior or course of conduct that is insulting, intimidating, humiliating, demeaning or offensive.

- Harassment usually occurs when one person engages in abusive behavior or asserts unwarranted power or authority over another, whether intended or not, and may include, for example,

name-calling, threats, belittling, unwelcome advances and requests for sexual favors (as well as undue pressure to perform or succeed).

- Harassment includes child abuse.

- Child abuse can include physical contact – or the threat of it – that intentionally causes bodily harm or injury to a child. This may include, for example, hitting, shaking, kicking, shoving, forcing an athlete to wrestle when injured or mandating excessive exercise as a form of punishment. It may also include touching for the purpose of causing sexual arousal or gratification that involves a child, rape, incest, fondling, exhibitionism and sexual exploitation. It may also include chronic attacks on a child's self-esteem, such as psychologically destructive behavior consisting of ridiculing, screaming, swearing, racist comments, threatening, stalking, hazing and isolating.

6. PARTICIPANT releases, waives any claims and promises not to sue the EVENT ORGANIZER and/or USAW with respect to any LOSS incurred during or in connection with his/her participation in the EVENT, any activities associated with the EVENT and the conduct and management of the EVENT (including as may result from the negligence of the EVENT ORGANIZER), except any LOSS which is the result of gross negligence and/or willful or wanton misconduct by the EVENT ORGANIZER. PARTICIPANT further agrees to hold harmless and indemnify the EVENT ORGANIZER and/or USAW from any claims brought against the EVENT ORGANIZER and/or USAW resulting from, arising out of or in any way associated with any LOSS.

7. Prior to participating in the EVENT, PARTICIPANT shall have the right to inspect the facilities and equipment to be used and, if PARTICIPANT discovers any condition which he/she reasonably believes to be unsafe, PARTICIPANT will immediately cause EVENT officials to be notified of such condition and will not participate in the EVENT so long as such condition exists.

BY SIGNING THIS DOCUMENT, PARTICIPANT ACKNOWLEDGES HAVING READ AND UNDERSTOOD ITS MEANING AND CONTENTS.

Print Name of Competitor

Signature of Competitor

Date

Signature of Parent or Guardian

Date